



प्रधानमंत्री कॉलेज ऑफ एक्सीलेंस, शासकीय स्नातकोत्तर (अग्रणी) महाविद्यालय खरगोन, जिला – खरगोन (म०प्र०)

(NAAC द्वारा B++ ग्रेड से प्रत्यायित संस्था, CGPA 2.81)



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REPORT ON: 01.02.2025

DEPARTMENT: Sports Department

**TITLE OF ACTIVITY- 1 hours “Yoga Therapy” Add-on Certificate course**

**PURPOSE AND OBJECTIVES-** Put the students in a habit of daily yogic practices and teach them basics of yoga for physical and mental development of students.

**ORGANISING DEPARTMENT-** Sports Department

**EVENT START DATE-** 01.02.2025

**EVENT END DATE-** 15.02.2025

**DURATION-** 15 Days' **TIME-** 3:30 PM to 4:30 AM

**CONVENER-** Dr. Gagan Kumar, Sports Officer

**CHIEF GUEST IN OPENING-** Dr. Shail Joshi Principal, Govt. PG College Khargone

**CHIEF GUEST IN CLOSING-** Shree Deepak Kanungo JBS President

**CATEGORY –** Men and Women

**NO. OF PARTICIPANT-** 50

**PLATFORM USED—** Yoga mats in College Premise

**CERTIFICATE/MEDAL/TROPHY—** Wearing Kit for top 4 students, Certificates distributed for all

**PROMOTIONAL MATERIAL—** Banner, Poster, WhatsApp, Facebook

**CONDUCT METHODOLOGY—** Demonstration and Lecture Method

**RESULT:** All the participants completed

**STAGE ANCHOR IN CLOSING CEREMANY:** Dr. Gagan Kumar

**VOTE OF THANKS IN CLOSING CEREMANY—** Dr. Gagan Kumar

**ENCLOSURE:** 1. Geotag Photographs 2. News Clipping

Dr. Gagan Kumar  
CONVENER  
GOVT. PG COLLEGE KHARGONE

VERIFIED BY  
IQAC CO-ORDINATOR  
GOVT. PG COLLEGE KHARGONE

PRINCIPAL  
GOVT. PG COLLEGE KHARGONE



# प्रधानमंत्री कॉलेज ऑफ एक्सीलेंस, शासकीय स्नातकोत्तर (अग्रणी) महाविद्यालय खरगोन, जिला - खरगोन (म0प्र0)

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## PROGRAM PHOTOS







