

Since the Vision of the Institute focuses on comprehensive and sustained growth of the students, the college aims to bring the economically weak rural and tribal youth into main stream and make them a responsible citizen of India. Students need a break from classroom and lectures to rejuvenate and extracurricular activities are the best way to regain that energy and enhance student's personality. Whether getting involved in student clubs, volunteering activities and sports tournaments, these activities outside the regular classroom, help students meet new people and develop their social skills. While academics play a significant role, sports-related activities are also important in shaping the personality and character of a student. With the same ideology, Government Post Graduate College emphasizes on college sports and encourages its students to participate in various tournaments. Students not only stay fit and healthy by actively participating in sports, but they also learn effective ways to handle pressure in times of crisis.

Keeping in view the importance of sports in today's scientific era and its vitality in the shaping of individual's personality and health and fitness, the college lays considerable emphasis on students participation in various games, sports and track and field activities. Sports Officer is available for scientific training and coaching in various games and sports and physical fitness program. A lot of encouragement is given to the students to participate in sports and cultural activities simultaneously and thus they are awarded and rewarded accordingly. Students regularly participate in Inter College, University, District, State and National level sports activities through-out the year under the supervision of sports officer. Sports persons are given admission in sports quota and given attendance and support to make up for academic loss due to practice, training, participation at various levels. Special kits are distributed and required materials are procured and given. On such an occasion nutritious diet such as energy drink rich in protein is provided during practice and actual matches. First aid facility is provided by the sports department.

The College is proactive and supporting in holistic grooming of students. College has a huge and spacious enough play ground to hold sports activities like Cricket, Football, Hockey, Athletic events. There is a multipurpose indoor sports hall for indoor Badminton, basketball, Volleyball, Kabaddi, Kho-Kho with adequate furniture for storage of sports equipments. There are other indoor games in college like Carom, Chess, Table Tennis and equipments for weightlifting, judo, yoga and gymnasium for all-round development of students.

(a) Sports Outdoor and Indoor Games:

Outdoor Games: Volleyball, Football, Hockey, Cricket, Kabaddi, Kho-Kho, Athletics (400m Track with 8 Lanes)

Indoor Games: Basketball, Badminton, Volleyball, Table Tennis, Power lifting, Judo, Chess, Yoga

For every sports person, it is a dream to represent their nation at the international level. The college has a vision for students to start career from college and emphasizes the students to participate at college level, State level, and Regional level and then explores opportunities at national and international levels.

Participation of students in various Sports Competitions

The Institution has some remarkable achievements in sports activities in the session 2015-16. Rum Singh Vaske represented at All India Inter-university level in Cross Country and Athletics. Two students – Narendra Panchal and Kamla Jamre participated at West Zone Inter-university level Kabaddi. Nishant Patel glorified the institution by taking participation in Hockey at West Zone Inter-university level. Three students – Shailendra Tawde, Nishant Patel and Piyush Sharma represented the college in Indoor Hockey at All India university level. Similarly, in 2016-17 students acquired notable rewards in sports activities. Navin Meena participated in Chess at West Zone Inter-university level. Two students – Bhurelal Danvar and Daryab singh participated in Athletics at West Zone Inter-university level. Priyanjali Mandloi participated in Hockey at West Zone University/State level. Vaibhav Kadam participated in Hockey at State level. Shailendra Tawde and Kanhaiya Solanki represented the college at West Zone Inter-university level in Hockey and Taekwondo respectively. Participation in Sports gives the way of life to Students and prove these words that healthy mind resides in healthy body. Sports competitions organized at the institution level in 2017-18, Football at district level in which 12 students participated, in Basketball (district level) 9 Students participated and in badminton (district level) 1 Students participated in various university / State/ National / International level many students of the institute participated or represented DAVV Indore / Govt.P.G.College khargone at individual capacity.

Ms.Oshi Jayaswal and Ms.Priyanka Chouhan participated in Hockey at west zone intervarsity and represented DAVV / College in individual capacity. Ravindra Mukati Vaibhav kadam participated in Hockey at west zone intervarsity / State and represented DAVV/College in

individual Capacity in indoor Hockey, Milan Badole participated in cross country running Sports event at all India intervarsity in individual capacity and represented DAVV Indore /College. In Similar way many Students of the institute participated in various Sports events Viz; Athletics, kabaddi, Hockey Indoor, Chess, Taekwondo, Cricket etc.

Sports competitions organized at the institution level in 2018-19-In Cricket at district level in which 16 students participated , in Basketball (district level) 7 students participated ,in Badminton (district level) 5 students participated , in Hockey (Division Level) 11 students participated or represented DAVV Indore / Govt. P.G.College Khargone at individual capacity. Afsar Akleem participated in Football at West Zone Intersvarsity /State and represented DAVV Indore /College in individual capacity.

Vaibhav Kadam and Rajat Munshi participated in Hockey at West Zone Intersvarsity /State and represented DAVV Indore /College in individual capacity. Shivram Mandloi in Athletics at State Level and Krishna Solanki in Cricket at West Zone Intersvarsity participated and represented West Zone Intersvarsity participated and represented DAVV Indore /College in individual capacity.

In the session 2019-20, one male and one female student from the 11 players team of the college, participated in the state level Hockey team and one from male category and one from female category participated at the University level in Hockey. Most of the students represented at Divisional level sports events in which one male student in Kabaddi, four male students in Kho-Kho, four male students have participated in Cricket, 11 male students and one female student played hockey which is a matter of prideful the college. At division level, four boys participated in Athletics while at the same level, 6 boys participated in cross-Country and represented the college. 10 male players out of 16 participated at the Divisional Football and 4 male students participated in the Divisional Chess event.

At the District level, there found only male student participation in which 2 students participated in Badminton, 12 students in Kabaddi, 12 students in Kho-Kho, 16 students in Cricket, 2 students in Basketball and 4 students in Chess and 10 students in Fotball participated and played well. Overall 118 players participated in 12 different sport events at College level and we are trying our level best to enhance girls' participation in various sport events.

Other than actually being an active sportsman, other career opportunity for students is: sport marketing, coaching, athletic administration, sports medicine, sport promotion, sport psychology and so on. Sports person can be employed in private and public sector. The Indian Government and Armed forces also have special recruitment drives for exceptional sporting talent. Students can also set up their own business in manufacturing of sports equipment after gaining experience in this field.

Multipurpose Gym

